

FOUNDED 1988

LEADING  
UK SUMMER  
SCHOOLS  
FOR ENGLISH  
LANGUAGE

+ Dance

INSPIRING YOUNG PEOPLE



FOR  
STUDENTS  
AGED 9-17



exsportise  
SUMMER SCHOOLS

ENGLISH

English<sup>TM</sup>  
THROUGH

+ Sport



TELL ME AND I FORGET.  
TEACH ME AND I REMEMBER.  
INVOLVE ME AND I LEARN.

“

At Exsportise, we know that if you offer children the opportunity to practise their English whilst doing something that they love, alongside other children sharing a common interest, they will naturally improve their English language confidence and skills.

BRAM VAN ASSELT,  
FOUNDER & CEO

”

# Welcome to Exsportise Summer Schools



A stay at Exsportise Summer Schools is a great experience providing memories for a lifetime.

## RUNNING SUMMER COURSES SINCE 1988

Exsportise has been running summer camps since 1988 and we know that the programme and experience we offer really works.

## LANGUAGE PROFICIENCY AND SPECIALIST SPORTS COACHING

Our bespoke programme is carefully designed for those students who want to improve their English but also their skills and technique in a chosen Specialist Academy. The English language programme is delivered by experienced English teachers and involves three hours of language input per day. Through a diverse range of lessons, we refine language skills, enrich vocabulary, boost spoken fluency, and nurture essential 21st century learning abilities such as critical thinking, communication, creativity, problem-solving, collaboration, leadership and social skills.

Students' English is further improved for three hours a day during their chosen Specialist Academy, which aims to increase students' skills, technique and knowledge.

## A NURTURING ENVIRONMENT

We provide a nurturing, safe, friendly, and fun-packed environment for students to study, play and live, and where, most importantly, they are allowed to be themselves. Staff live on campus to supervise the students 24 hours a day.

## FOSTERING LIFELONG FRIENDSHIPS AND MEMORIES

Our goal is to ensure that all students leave Exsportise with improved language confidence, motivation to participate in their Specialist Academy, and with friendships and memories that will last a lifetime.



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## True Me Philosophy: Cultivating Personal and Social Skills

True Me - A philosophy that takes centre stage underpinning all aspects of life at camp. Cultivating Personal growth and developing social skills in a kind and respectful environment that fosters greater self-confidence, authenticity and mutual respect for others.



# Why Exsportise?

## THE ULTIMATE LEARNING EXPERIENCE

Exsportise combines language tuition with Specialist Academies to improve students' English and their skills and technique in their chosen Specialist Academy.

## DUAL APPROACH

Exsportise uses a dual approach to improve students' English: English tuition + Specialist Academies, which are all delivered in English by experienced teachers and professional head coaches to ensure every child makes progress whatever their talent or experience.

Our programme offers students the opportunity to pursue an interest, discover a talent or feed their passion in sport, music or dance and use that to simultaneously improve their English language skills.

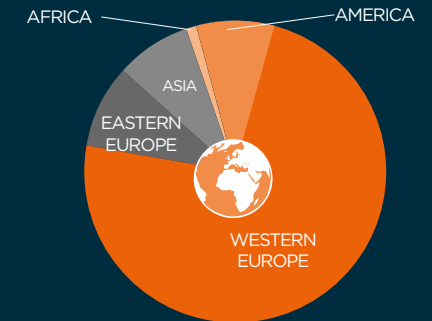
By doing something they enjoy with others who share a common interest, students practise and improve their spoken English without even realising it! This is the natural way and replicates how native speakers learn.

**A multinational environment:** we welcome children from many different countries and carefully manage the mix of nationalities to ensure English is the primary language spoken, allowing students to fully immerse themselves in the language and culture.



## NATIONALITY MIX

The nationality mix is crucial to the success of our camps. We limit the number of students from any one nationality to ensure that English is the primary language spoken.



“ Many of our staff return year after year, creating continuity and an outstanding quality of care. ”





## Fully Residential Courses

### OUTSTANDING PASTORAL CARE: PUTTING STUDENTS FIRST

At Exsportise, the safety, happiness, and well-being of our students are our top priorities. We offer a generous staff-to-student ratio, with an average of one staff member for every four students. Our dedicated staff are all police checked and trained in Child Protection.

### EXPERIENCE UNFORGETTABLE EVENINGS

After a full day of language and sport, the fun continues into the evening at Exsportise. Our evening entertainment programme is designed to create lasting memories, forge new friendships, and provide the perfect environment to practise English in a relaxed and enjoyable manner.

### EXCURSIONS & TRIPS: EXPLORE AND DISCOVER

At Exsportise, the adventure doesn't end at camp! For students staying more than one week, we include two full-day excursions each weekend.

<b>15 HOURS ENGLISH TUITION</b> per week		+	<b>15 HOURS SPECIALIST ACADEMY</b> per week		
<b>Overall staff to student ratio</b> <b>1:4</b>	<b>Max teacher to student ratio</b> <b>1:14</b>	<b>House Parents &amp; Welfare Manager oversee STUDENTS' WELL-BEING</b>			
<b>Staff live on site</b>	<b>On site Medical Officers</b>	<b>All staff police checked</b>	<b>All staff trained in Child Protection</b>		
<b>High quality boarding schools</b>	<b>Many individual bookings</b>	<b>Many different nationalities from all over the world</b>	<b>ACCOMPANIED TRANSFERS</b> from and to airports & train station		

Accredited by the



for the teaching of English in the UK



Exsportise is the only private language school specialising in sport and English ever to have become an EL Gazette Centre of Excellence based on the results of their British Council inspection.

MELANIE BUTLER, EDITOR EL GAZETTE



OUR

# Schools

Exsportise offers fully residential dance courses at three venues in the UK.

All offer comfortable accommodation, on-site sports and language facilities, extensive recreational space and healthy and nutritious meals.

- 1. Oundle School**  
Peterborough PE8 4GH
- 2. Seaford College**  
West Sussex GU28 0NB
- 3. Worth School**  
Crawley RH10 4SD



Oundle is located in the heart of the beautiful market town of Oundle near Peterborough.

Oundle offers excellent facilities for sports, extensive playing fields and two sports halls. There are also several floodlit astro turf pitches, tennis courts and an indoor swimming pool. All sports facilities are on-site except for horse riding, which is held at specialist stables off-site. Oundle also offers a modern language centre and contemporary, comfortable accommodation.



Worth is situated in 500 acres of beautiful Sussex countryside, within the grounds of Worth Abbey.

Located in the High Weald Area of Outstanding Natural Beauty, Worth is within easy reach of London and Brighton and only 25 minutes from Gatwick Airport. The school has great facilities and boarding houses that provide a safe environment for our students to experience and enjoy. Facilities include football pitches, an artificial pitch, tennis courts, sports hall, theatre and dance studio. The horse riding stables are a short drive away.



Seaford College, located in the heart of the Sussex countryside, offers extensive facilities in a beautiful and secure location.

Seaford has five boarding houses, as well as a dedicated music studio, and high-tech language facilities. It is also equipped with tennis courts, football and hockey pitches and its very own 9-hole golf course. There is a newly refurbished swimming pool and sport centre on-site. It is the only centre where we offer golf.



# English

## Explore the World with the Exsportise English Language Programme

### Your Path to Success

#### STUDY PROGRAMME

The Exsportise Study Programme consists of 15 hours of English language input per week delivered in a communicative, engaging, and motivational way.

#### DETERMINING STUDENTS' LEVEL

With the Exsportise pre-course placement test, we ensure that students are placed in the most suitable class based on their current English level and age.

#### SMALL CLASSES, BIG OPPORTUNITIES

Exsportise ensures a maximum of 14 students per class to allow for individual attention and greater interaction.

“ Each centre has a Director of Studies to make sure that high quality teaching and learning takes place. ”

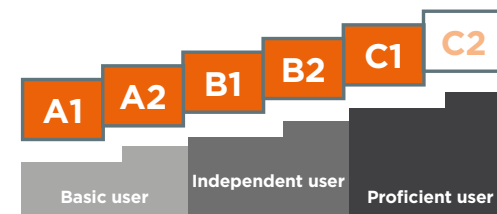


#### PASSIONATE TEACHERS

Dedicated teachers are passionate about helping students succeed. They use interactive and engaging teaching methods, making students feel comfortable and encouraging active participation in the learning process.

#### CLIMB THE LANGUAGE LADDER

We offer five different levels of tuition, from A1 (Beginner - Elementary) to C1 (Advanced), following the CEFR framework. Students need at least one year of English study to register on any Exsportise course.





## Lessons

Every day, students study three different lessons to develop all receptive and productive language skills, expand their vocabulary, improve their accuracy in speaking and writing and boost their confidence.

### Core English

This lesson includes vocabulary building, improving students' understanding and use of grammar and perfecting their pronunciation.

### Enrichment

Students practise and develop their speaking, listening, reading, and writing skills through a range of interesting topics and real life material that are relevant today.

### Exsportise Projects

Students engage in stimulating, task-based projects that focus on sport and society to develop their 21st century skills such as communication, collaboration, and creativity.



## ENGLISH BEYOND THE CLASSROOM

At Exsportise, English becomes an integral part of students' daily life. Practising English during the Specialist Academies and other recreational activities gives students the perfect opportunity to fully immerse themselves in the language.

## PROGRESS

Students' English journey doesn't go unnoticed. Exsportise teachers regularly monitor the progress of their students and carry out weekly tests to ensure they are sufficiently challenged and are learning.

## CERTIFICATION

Upon completion of the programme, students receive an Exsportise end-of-course certificate and an academic report. Additionally, students who choose to take the Cambridge Assessment English Linguaskill Reading and Listening test receive a test report. (An additional fee applies.)

Join us at Exsportise and unlock the world of opportunities that English language proficiency brings! Experience an unforgettable journey of growth, cultural exchange and new friendships.

*Your language adventure awaits!*

## ACADEMIC SUMMARY

Students' success is our priority: Our commitment to achieving high academic standards is evident through our quality assurance measures:

- **Teachers:** Exsportise employs teachers who are passionate about English language teaching.
- **Academic Management:** Exsportise employs a Director of Studies at each centre to oversee and quality control teaching and learning.
- **Small Classes:** To maximise students' speaking time and individual attention.
- **Teaching Materials:** Reviewed regularly to keep the learning experience fresh and engaging.
- **Monitoring:** Students' progress matters and Exsportise teachers and directors of studies keep a close eye on their development.

Maximum Class Size

1:14 

## CAMBRIDGE LINGUASKILL (OPTIONAL)

All students can choose to sit the Cambridge Assessment English Linguaskill Reading and Listening test at the end of their course to certify their English level according to the CEFR. On completion of this students will receive a test report.



ENGLISH

English™  
THROUGH

# + Dance



Thank you for the wonderful lessons you've taught me not only as a dancer but as a person."

DANCE STUDENT

Our dance programme is designed for enthusiastic dancers of all dance backgrounds.





Dancers experience a varied programme of dance disciplines and styles, such as Jazz, Contemporary and Street.



Led by professional dance teachers, students develop their fitness level, flexibility, technique and strength as well as performance skills.

Each session starts with a warm up which includes fitness and flexibility training, followed by exercises for technique, choreography and a cool down. Students are taken through exercises to improve dance technique and step execution with correct body alignment and placement. We also encourage students to draw on classical dance principles.

**The dance programme is performance driven with an end of week show in front of the whole camp.**



### COURSE DETAILS

- 15 hours of coaching per week
- Suitable for all levels of ability with a minimum of one year's experience
- Led by professional dance teachers
- Focus on fitness levels, flexibility, technique and strength
- Includes performance skills across a multi discipline programme
- Specialist training in dance technique, step execution, body alignment and placement
- Weekly performance to camp

### > OUR OBJECTIVE IS....

for students to leave the course having gained invaluable knowledge of their own dance practices as well as feeling fitter, stronger and more flexible.



Average Coaching Ratio

1:10 



# Life on Campus

## A Comfortable Retreat

**Accommodation:** Students are accommodated in separate areas for boys and girls and usually share their bedrooms with two or three students of similar ages. For younger students, larger bedrooms may be used. The maximum number of beds in a bedroom is eight. Sharing requests are considered, subject to availability. Each house is managed by a dedicated House Parent, ensuring safety, well-being, and happiness throughout their stay.

**Meals and Snacks:** We offer a wide variety of British and international food options in buffet-style format for breakfast, lunch, and dinner. Special diets, including vegetarian and gluten-free, can be arranged with prior notice. Fresh fruit is available free of charge throughout the day, and snacks are accessible in the evening from our tuck shop.

**Bedtimes:** To ensure students are well rested for their activities, we maintain strict bedtimes ranging from 21:30 to 23:00, based on their ages.

**Welfare:** Each camp has on-site Medical Officers and designated House Parents providing constant supervision and support.



“ At Exsportise, we go beyond being a summer school. We are a nurturing community that cares for our students’ growth, happiness, and development, ensuring an unforgettable experience for everyone. ”

BRAM VAN ASSELT, CEO





**Our Electronic Device Policy:** At Exsportise, we use the term “phubbing” to describe the action of ignoring the people around you and instead paying more attention to your phone. We actively encourage students to Connect for Real when socialising with their peers and friends, without needing their phones.



**EXAMPLE DAILY MENU**

**BREAKFAST**  
Hot Breakfast, Pastries, Fresh Fruit, Cereal, Toast, Fruit Juice/Milk

**LUNCH**  
Meat, Chicken or Fish Dish  
Baked Potato plus Topping  
Pasta Bar, Salad Bar  
Fresh Vegetables  
Fresh Fruit & Yogurt  
Dessert

**DINNER**  
Meat, Chicken or Fish Dish  
Pasta Bar, Salad Bar  
Fresh Vegetables  
Fresh Fruit & Yogurt  
Dessert

Vegetarian options are always available. Special diets can be catered for with advance notice.

Menus will vary from school to school.

Overall staff to student ratio  
**1:4**

House Parents & Welfare Manager oversee **STUDENT WELL-BEING**

Staff live on site

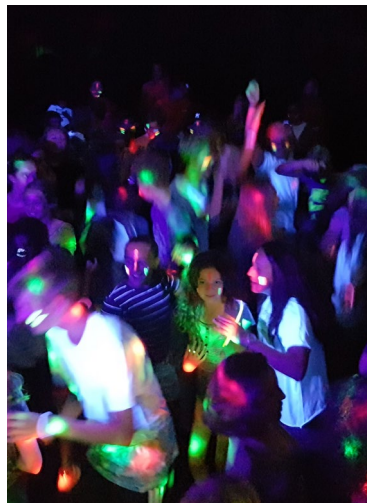
On site medical officers

All staff police checked

All staff child protection trained

English  
THROUGH  
Friendship

# Evenings



## Diverse Evening Activities

Prepare for a fantastic lineup of events catering to everyone's interests. From dance-offs and friendly Dodgeball competitions to showcasing your talent at "Exsportise Has Got Talent", every evening is filled with laughter and excitement.



**Embrace Cultural Diversity:** Students immerse themselves in the wonders of International Night, where we celebrate different cultures with international music, dances, and cuisines. It's a chance for students to make friends from all over the world and expand their cultural horizons.

**Thrills and Excitement:** Students join in the excitement of Race Night or discover adventure with their peers through an exciting Scavenger Hunt, solving clues and challenges as they explore the camp.

**Showcase of Creativity:** Students are captivated by the extraordinary talents of our Music and Dance students as they put on a dazzling showcase that will leave them with a sense of pride and amazement.

**The Clubhouse - Students' Social Haven:** During free time, students can visit the Clubhouse - a vibrant indoor and outdoor space where students can unwind, socialise, and chat with friends in a relaxed atmosphere.

# Excursions & Trips

Students staying for more than one week will be offered two full-day excursions.



Arsenal Football Development students staying for two weeks or more are offered the opportunity to visit the Emirates Stadium, home of Arsenal Football Club, including a full tour of the stadium and behind-the-scenes of an international football club, plus a visit to the Club shop and museum.



## Recreational Trips (SATURDAYS)

The Saturday trip is more recreational and offers students the chance to relax, enjoy their new friendships and have a day of adventure or fun, such as:

- Arsenal Stadium (for football students)
- Alton Towers
- Chessington World of Adventures
- Legoland
- THORPE PARK

All excursions are fully supervised by Exsportise staff. Packed lunches will be provided on the day of the excursion. London excursions may also be available at an additional cost.

## Cultural Excursions (SUNDAYS)

This excursion consists of a city visit to a place of interest where students get the chance to experience historical British culture, natural attractions and famous landmarks. Examples include:

- Bath
- Brighton
- Cambridge
- Oxford
- Portsmouth
- Southampton

Students have some free time during the day to take a leisurely walk around the city centre, go to a café or go shopping.



# Travelling to Exsportise

We understand that when it comes to children's travel, safety and convenience are of the utmost importance. At Exsportise, we share parents' concerns and have taken extensive measures to ensure that our students' journey to camp is smooth, secure, and worry-free.

## ACCOMPANIED TRANSFER SERVICE

We offer a dedicated accompanied transfer service for students arriving to and departing from main London airports and the Eurostar train station. Our friendly representatives, easily identifiable in bright orange Exsportise tops, greet the students at the international Arrivals Hall.

### Efficient Transport Options:

Depending on the number of students arriving and anticipated journey times, we provide various transport options, such as taxis, minibuses, buses, or trains.

#### Standard transfer

Recommended transfer times



#### Arrival at airport/Eurostar terminal:

Sundays between 09.00 - 15.00



#### Departure from airport/Eurostar terminal:

Saturdays between 12.00 - 17.00

### Minimal Waiting Times:

While we strive to keep waiting times to a maximum of 120 minutes, sometimes students may need to wait due to delays on different flights. Please rest assured that our staff are present at all times, offer water and snacks (if needed) and provide the necessary care and assistance.

## MINORS TRAVELLING UNACCOMPANIED

If a child is travelling without an adult, we recommend checking with the airline for any age restrictions. Many airlines offer an Unaccompanied Minor (UM) service, which can be booked directly with the airline. This service provides parents with peace of mind, as the airline takes responsibility for the children until they are handed over to an Exsportise representative on arrival.

### VISA

Please note Exsportise can only provide a visa support letter for students and not for accompanying adults.

### > ONLINE BOOKING...

Please note that we have a complete online booking system available to you. This allows you to manage your booking online.



To use this service please go to [www.exsportise.co.uk/book-now](http://www.exsportise.co.uk/book-now)





## TRAVELLING DIRECTLY TO SCHOOL

Parents are welcome to bring their children to camp personally and pick them up at the end of the course, but we ask that the following drop-off and pick-up times be respected:



### ARRIVAL AT EXSPORTISE VENUE:

Sundays between 15.00 - 16.30



### DEPARTURE FROM EXSPORTISE VENUE:

Saturdays between 09.00 - 11.00

Any student not requiring a transfer arranged by Exsportise must be accompanied by an authorised adult in accordance with the Exsportise Duty of Care policy.

## PRIOR TO TRAVEL

1. Check local requirements for children travelling without their parents or legal guardian – each country has specific requirements and may require written consent and/or identity documents.
2. Check visa and health insurance requirements, and that your child has a valid passport.
3. Book travel and confirm details and transfer requirements to Exsportise as soon as possible.
4. If you are using an Unaccompanied Minor service, complete the UM form provided by your airline for both journeys.
5. Complete the Exsportise Parental Consent Form and store it with your child's other travel documents. This must be with your child at the time of their travel.

For further information about travelling to our camp locations, please refer to our website where full directions are available.

[www.exsportise.co.uk](http://www.exsportise.co.uk)



## ACCOMPANIED TRAVEL

from and to airports & train station

### STANDARD ARRIVAL AND DEPARTURE POINTS

We offer our Standard Transfer service from/to the following airports/train station:

#### CLAYESMORE

London Heathrow (152km)  
London Gatwick (193km)  
Eurostar St Pancras (193km)

#### OUNDLE

London Stansted (105km)  
London Heathrow (160km)  
Eurostar St Pancras (140km)

#### SEAFORD

London Gatwick (55km)  
London Heathrow (75km)  
Eurostar St Pancras (95km)

#### TEIKYO

London Gatwick (75km)  
London Heathrow (18km)  
London Luton (53km)  
Eurostar St Pancras (35km)

#### WORTH

London Heathrow (77km)  
London Gatwick (12km)  
Eurostar St Pancras (110km)

Arrivals and departures to and from non-standard airports or on different days are charged on an individual basis.

# exsportise

SUMMER SCHOOLS



EXSPORTISE

“

At Exsportise, we believe that if you engage students in activities that they love, they will naturally improve their English language skills.

”

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/exsportise